

“Raising Modern-Day Knights”

March 12, 2015

Tom Arneberg

Leading With Power

Intro

- 1st thought: “Are you NUTS?! ” (I talk too fast and I get tongue-tied and my words get tangled!)

Intro

- 1st thought: “Are you NUTS?! ” (I talk too fast and I get tongue-tied and my words get tangled!)
- And that’s when I’m not even nervous or excited!

Intro

- 1st thought: “Are you NUTS?! ”
- 2nd thought: How can I compare with past LWP speakers?
 - CEOs
 - NFL all-pro players
 - Doctors
 - National Marriage Experts
 - Olympic Athletes

Intro

- 1st thought: “Are you NUTS?!”
- 2nd thought: How can I compare?
- 3rd thought: It would just be an advertisement for Boy Scouts!

Intro

- 1st thought: “Are you NUTS?! ”
- 2nd thought: How can I compare?
- 3rd thought: It would just be an advertisement for Boy Scouts!
- Hmm...Moses complained, too...

But Moses pleaded with the LORD, “O Lord, I’m not very good with words...I get tongue-tied, and my words get tangled.” Then the LORD asked Moses, “Who makes a person’s mouth? Who decides whether people speak or do not speak...? Is it not I, the LORD? Now go! I will be with you as you speak, and I will instruct you in what to say.” – Exodus 4:10-11

Intro

- 1st thought: “Are you NUTS?! ”
- 2nd thought: How can I compare?
- 3rd thought: It would just be an advertisement for Boy Scouts!
- Hmm...Moses complained, too...
- I guess I **have** read books, taken and taught classes, listened to podcasts, raised 5 kids and 100 Boy Scouts...

2012



Intro

ATTITUDE CHECK

Dan Faschingbauer:



Intro

ATTITUDE CHECK

Dan Faschingbauer:



“Oh, are they having trouble finding speakers this year?”

Raising Modern-Day Knights

- **Intro**
- **Fatherhood: Priority, Goals, STRATEGY**
- **Shelter from world's culture**
- **Create your own family culture**
- **Purposely build character**

Ground Rules

- I won't tell YOU what to do; I'll just tell you what WE have done
- We can DISAGREE and still be friends! (In fact, I can guarantee you'll disagree with SOME of what I say today.)

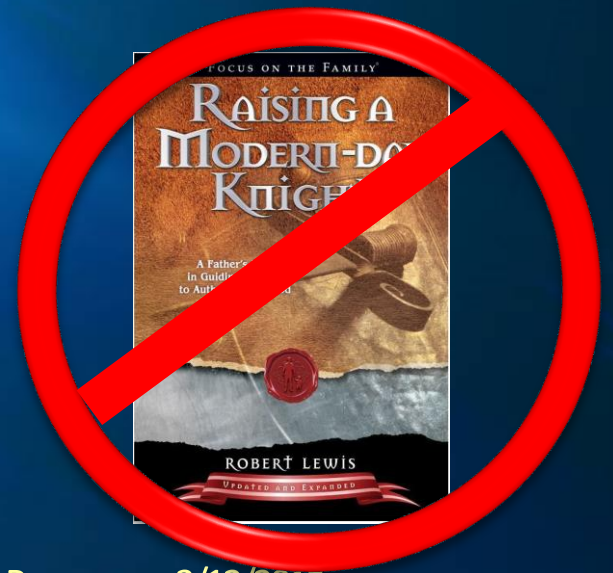
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- This is about raising modern-day KNIGHTS, not DAMSELS.



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- We can DISAGREE and still be friends!
- This is about raising modern-day KNIGHTS, not DAMSELS.
- This is not about the book
- Target audience: Fathers of young boys
- You may not have had a good dad

Ground Rules

- “The most important thing a father can do for his children is to LOVE THEIR MOTHER.”

Ground Rules

- Love permeates everything
 - It's not "love vs. discipline"
 - It's discipline = function(love)

Raising Modern-Day Knights

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Fatherhood: Priority, Strategy

- Fatherhood is your MOST IMPORTANT JOB!

Fatherhood: Priority, Strategy

● Fatherhood is your MOST IMPORTANT JOB!

What about the classic list of priorities?

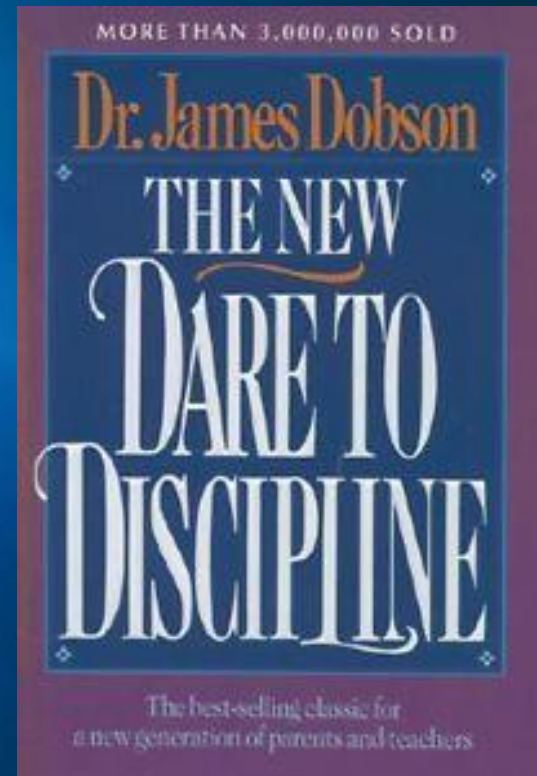
1. God – it's being, not doing
2. Wife – still more being than doing
3. Kids – there's a beginning/middle/end
4. Career
5. Hobbies

Fatherhood: Priority, Strategy

- Fatherhood is your MOST IMPORTANT JOB!
- Therefore, you must HAVE A STRATEGY!
 - Do you have a strategy for Fantasy Football? For hunting? Quartet schools? Racquetball videos?

Fatherhood: Priority, Strategy

- Developing a strategy:
 - Do your homework (“research”)
 - Read books
- (LWP Motto:
“Leaders Read;
Readers Lead”)



Fatherhood: Priority, Strategy

- Developing a strategy:
 - Do your homework (“research”)
 - Read books
 - Radio shows and podcasts



Fatherhood: Priority, Strategy

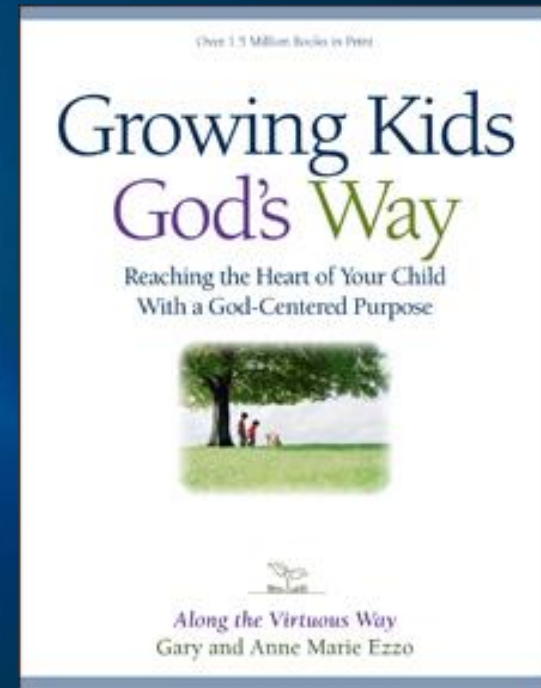
- Developing a strategy:
 - Do your homework (“research”)
 - Read books
 - Radio shows and podcasts
 - Take classes

Fatherhood: Priority, Strategy

Classes:

“Growing Kids God’s Way”

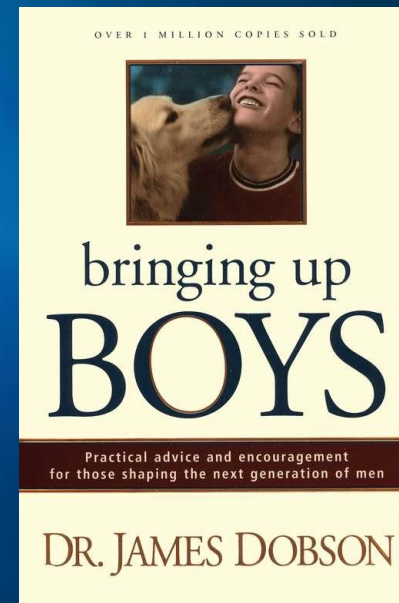
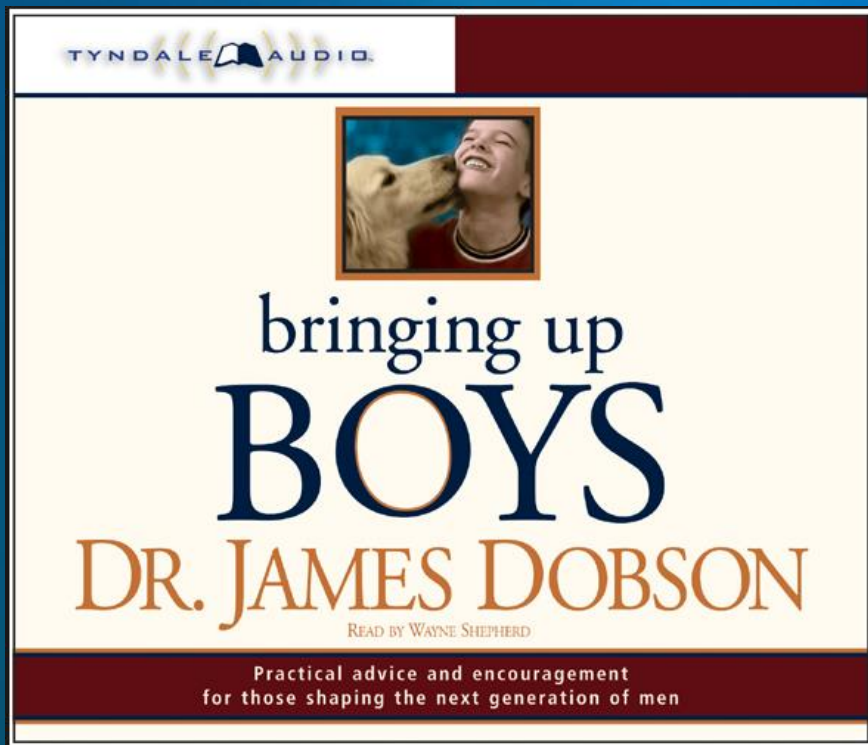
(Dale Poynter)



Fatherhood: Priority, Strategy

Classes:

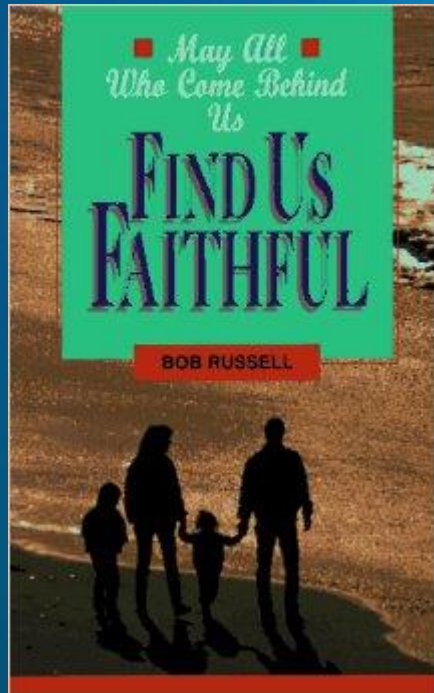
“Bringing Up Boys”



Fatherhood: Priority, Strategy

Classes:

“Find Us Faithful”



(Dennis Wolf)

Fatherhood: Priority, Strategy

Classes:

Marriage & Parenting Sunday
School classes (Keith & Terri Tompkins)



Fatherhood: Priority, Strategy

- Developing a strategy:
 - Do your homework (“research”)
 - Read books
 - Radio shows and podcasts
 - Take classes
 - Watch other parents

Fatherhood: Priority, Strategy

Watch other parents:

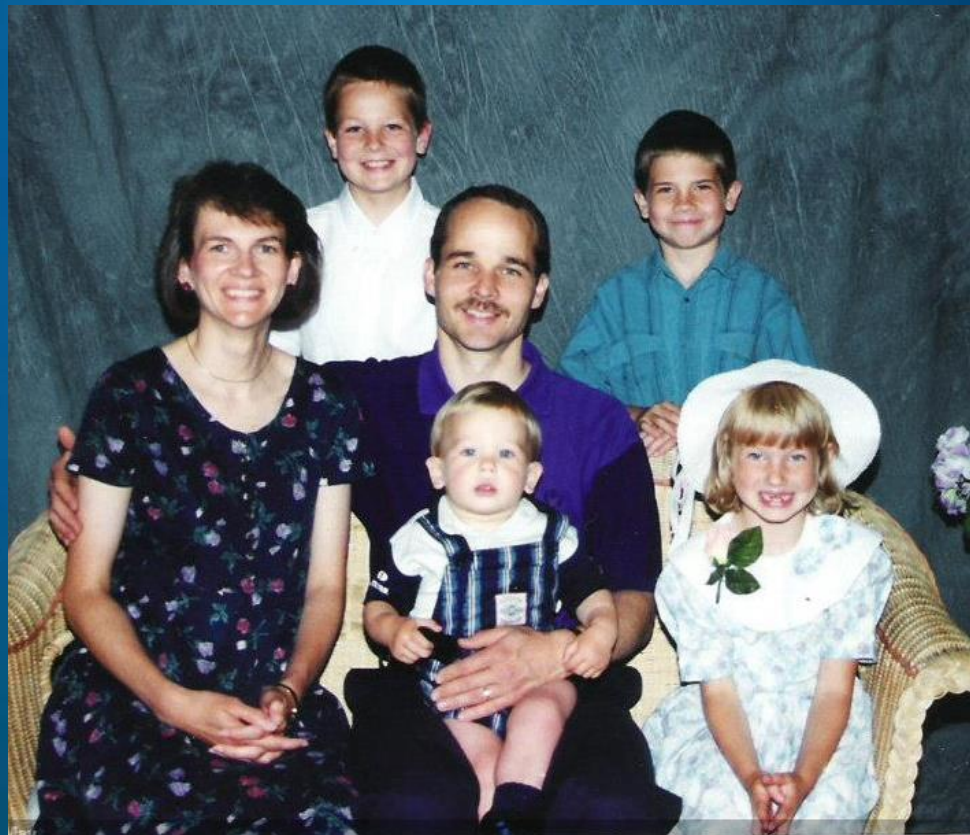
Dick & Connie Carpenter



Fatherhood: Priority, Strategy

Watch other parents:

Dave & Sue LeMay



3/12/2015

Fatherhood: Priority, Strategy

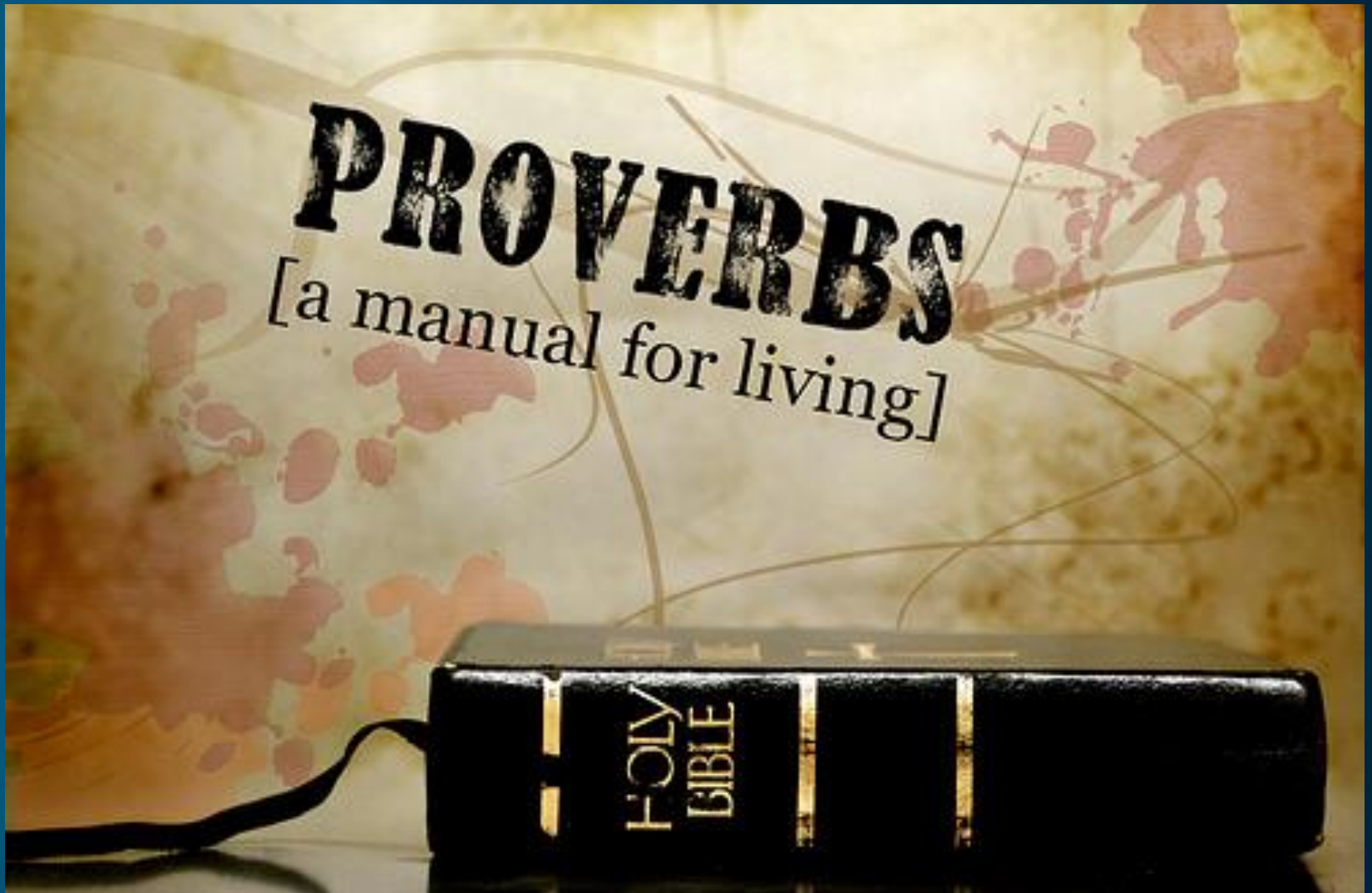
- Developing a strategy:
 - Do your homework (“research”)
 - Watch other parents
 - Hone your observation skills (& communicate with your wife)

Fatherhood: Priority, Strategy

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Proverbs 22:6

Fatherhood: Priority, Strategy

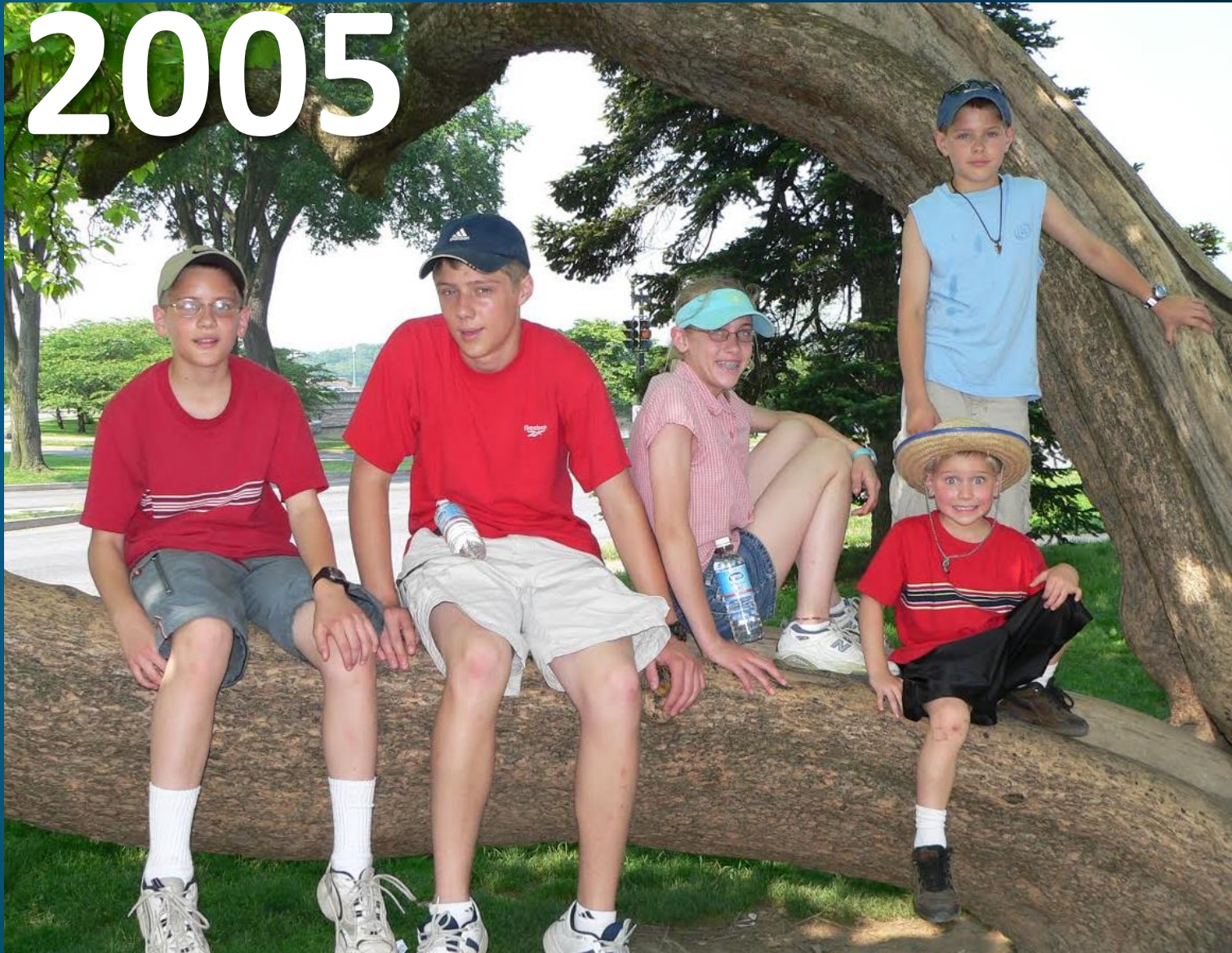


Fatherhood: Priority, Strategy

- Developing a strategy:
 - Do your homework (“research”)
 - Hone your observation skills (& communicate with your wife)
- “Train up a child in the way he should go, and when he is old, he will not depart from it.” – Prov. 22:6**

More accurate: **“Train up a child according to his bent...”**

2005

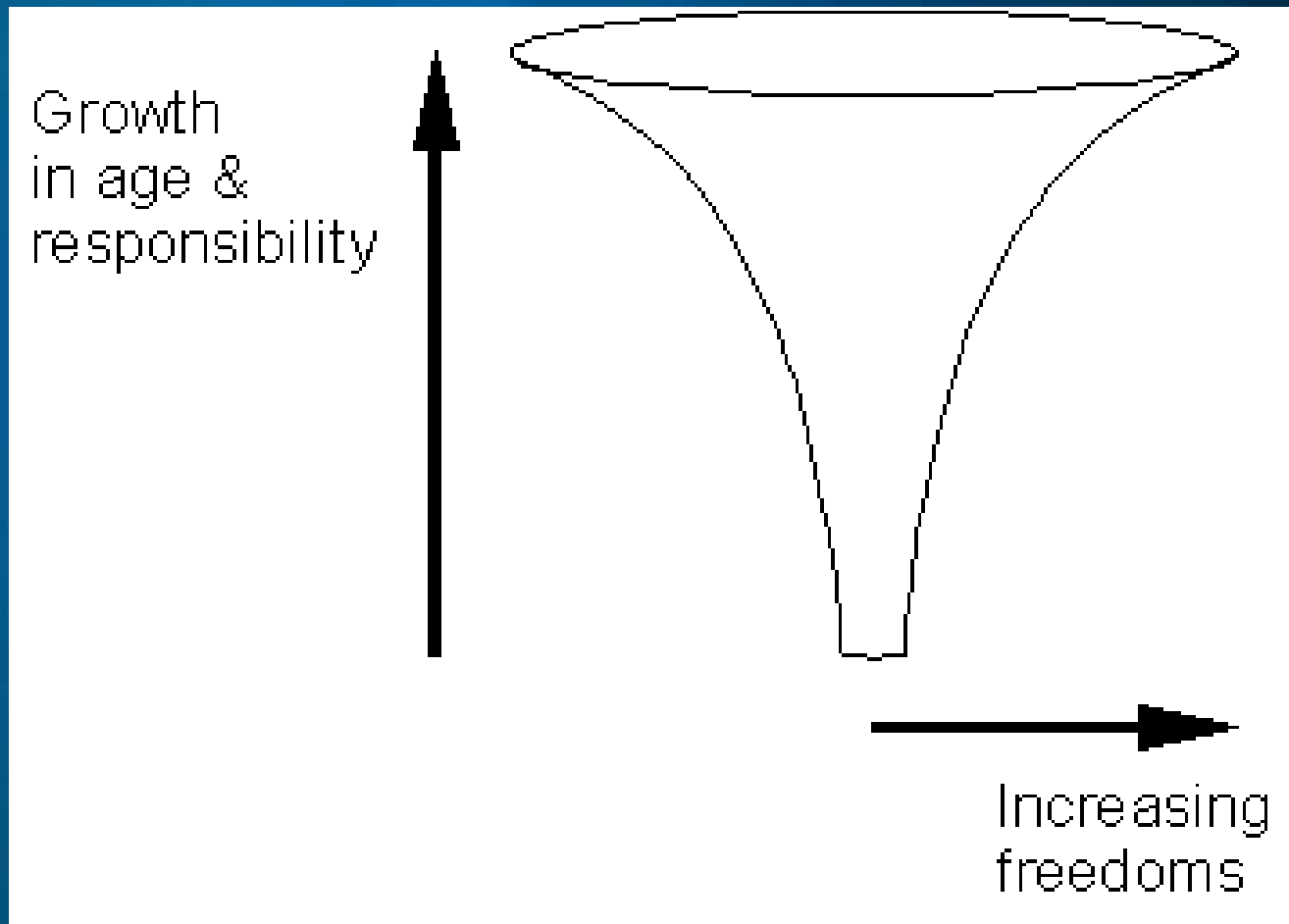


Fatherhood: Priority, Strategy

- Developing a strategy:
 - Do your homework (“research”)
 - Watch other parents
 - Hone your observation skills (& communicate with your wife)
 - Parent “within the funnel”

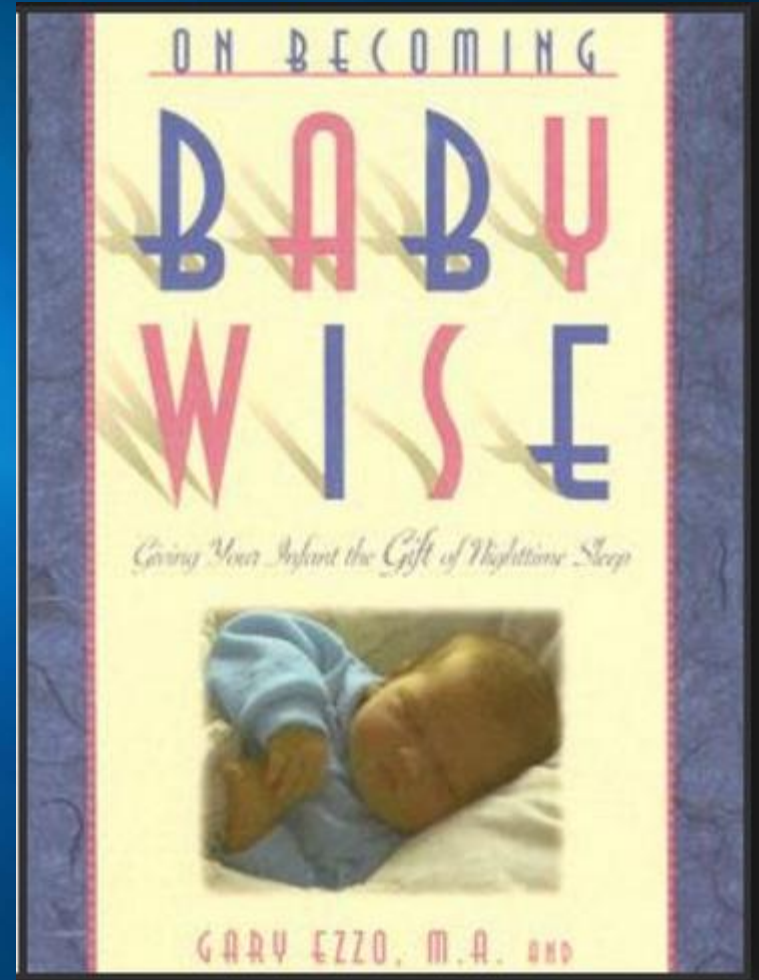
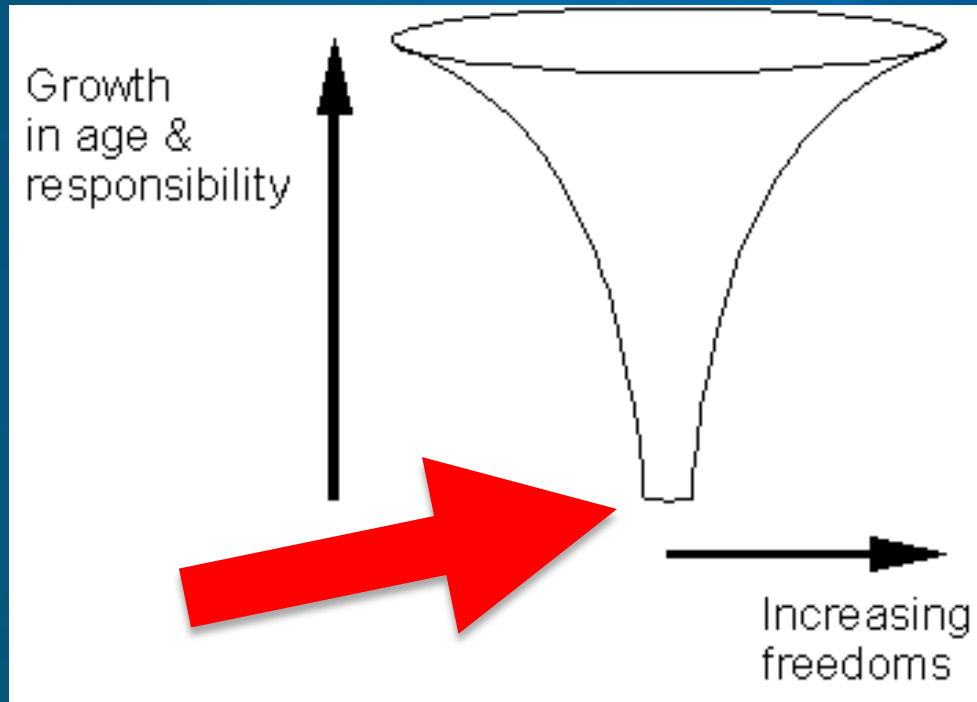
Fatherhood: Priority, Strategy

Parenting “within the funnel”:



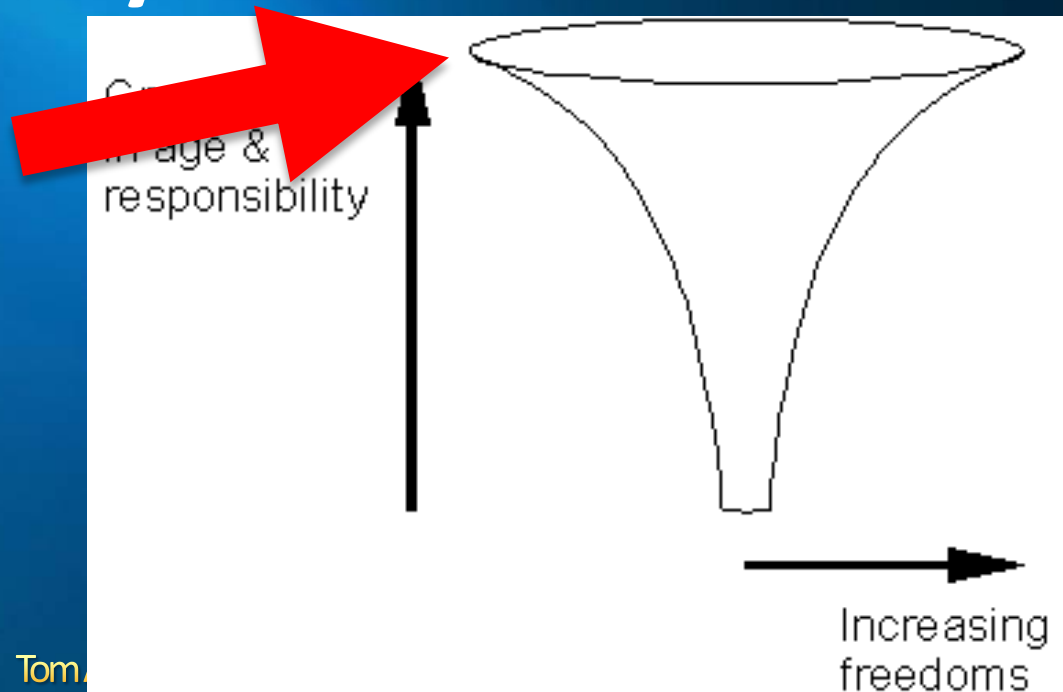
Fatherhood: Priority, Strategy

- When to start? Very early!



Fatherhood: Priority, Strategy

- When to end? When they're still at home (e.g., senior year of high school)...then you'll be there to help catch them if they fall
- (bike trips!)



Fatherhood: Priority, Strategy

- Developing a strategy:
 - Do your homework (“research”)
 - Hone your observation skills (& communicate with your wife)
 - Parent “within the funnel”
 - Your STRATEGY depends on YOUR GOAL!

Fatherhood: Priority, Strategy

Jim Haley and waxing skis

Ski*go

RACING WAX TABLE

Ski*go

SNOW TYPE	COARSE SNOW ARTIFICIAL SNOW		OLD SNOW		NEW SNOW	
Rel. Humidity Temp C/F °	<60%	>60%	<60%	>60%	<60%	>60%
+15 to +5C +59 to +41F	C242 LF +C22	C242 HF +C22	C242 HF +C22	C242 HF +C22	C242 HF +C22	C242 HF +C22
+5 to 0C +41 to 32F	C242 HF mixed with Violet HF + C22 Fluid	C242 HF mixed with Violet HF + C22 Fluid	C242 HF +C22 Fluid	C242 HF +C22 Fluid	C242 HF +C22	C242 HF +C22
0 to -4C +32 to +25F	Ultima HF +C44 Fluid	Ultima HF +C44 Fluid	Yellow HF mixed with Ultima HF + C44	Yellow HF mixed with Ultima HF + C44 alt C105	Yellow + C55/C	
-4 to -8C +25 to +18F	Violet LF	Ultima HF +C44 Fluid	Blue HF + Yellow HF	Blue HF/Yellow HF mixed + C44 Fluid or C55/C99 Fluid alt C105	Newst +C55/C	
-8 to -12C +18 to +10F	Ultima LF alt. P16	Ultima HF +P16	Blue HF + C380	Blue HF (alt. Ultima HF) + C55/C99 Fluid	Blue	
-12 to -25C +10 to -13F	Blue LF + P16	Blue LF + P16/C75	Blue LF + C380	Blue LF + C75	Blue + C	

Always use graphite as the bottom underlayer because it is so durable. You don't need to use graphite for races only up to 2.5km. Fluids create a protective surface for the powder waxes. Fluids are for aggressive snow, and powders are for newer and finer structured snow.

Ski*go

Top with C22 bloc
Top with C44 bloc
Top with C55/C99 bloc
HF = High Fluoro
LF = Low Fluoro



WAX AND EDGING EQUIPMENT



100% necessary Useful to do a good job To do a really good job Only needed if you have gouges

"Raising Modern-Day Knights" Tom Arneberg

Fatherhood: Priority, Strategy

Jim Haley's skiing:

- **Goal:** maximize speed in races
- **Strategy:** Spend a half hour perfecting waxing technique every time he skis

Tom Arneberg's skiing:

- **Goal:** Increase heart rate, and slow me down on those scary downhills
- **Strategy:** Buy waxless skis, and apply rub-on glide wax once a year

Fatherhood: Priority, Strategy

What's our GOAL in parenting?

- It's NOT to give our kids what they WANT
- It's NOT to make our kids "happy"
- It's NOT to minimize hassle
- It's NOT even to raise great kids!

Fatherhood: Priority, Strategy

Our goal: To raise kids who become great ADULTS!

- **Specifically, self-supporting grown-ups who love God and want to follow His will, who are an asset and not a drain to those around them.**

Fatherhood: Priority, Strategy

This means they know how to LEAD OTHERS and ACCEPT RESPONSIBILITY and WORK HARD.

Their WORK ETHIC and SELFLESSNESS and INTEGRITY is much more important to us than their accomplishments.

Fatherhood: Priority, Strategy

What does it mean to “love God”?

- “Anyone who loves me will obey my teaching.” – Jesus (John 14:23)
- “I tell you the truth, unless you are born again, you cannot see the Kingdom of God.” – Jesus (John 3:3)

Fatherhood: Priority, Strategy

- Developing a strategy:
 - Do your homework (“research”)
 - Hone your observation skills (& communicate with your wife)
 - Parent “within the funnel”
 - Your STRATEGY depends on YOUR GOAL!
- So, now that you know our GOAL, what is our STRATEGY? See the rest of this talk.

Raising Modern-Day Knights

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- Fatherhood: Priority, Goals, STRATEGY
- Shelter from world's culture
- Create your own family culture
- Purposely build character

Shelter from the world's culture

- Ellen Goodman's column (around 1993?)
 - Parents can no longer raise kids to conform to our culture.

Shelter from the world's culture

- Ellen Goodman's column (around 1993?)
- Middle schoolers' priorities:
 1. Popularity
 2. Sports
 3. Academics
 4. Character

Shelter from the world's culture

- Ellen Goodman's column (around 1993?)
- Middle Schoolers' priorities:

Culture

1. Popularity
2. Sports
3. Academics
4. Character

God's Plan

1. Character
2. Academics
3. Sports
4. Popularity

Shelter from the world's culture

- Our strategy:

- Stay-at-home mom
- Christian school until 8th grade
- Very few sleep-overs (even limit play-overs)
- No organized sports 'til 5th grade; then 1/yr
- No Facebook until 2nd semester high school
- And probably our biggest one...
- NO TELEVISION! (gasp)

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Create the culture you want

- African missionaries
- Read to the kids every night
- Create a reading environment
- Dinner together every night
- Good music on the whole-house stereo
- Boredom leads to CREATIVITY
- More time for hobbies
 - Juggling, knitting, ping pong, accordion

Create the culture you want

- Carefully selected movies
- Limit isolation (bedroom, headphones)
- Piano lessons, grades 3-7
- Marching Band in high school

Create the culture you want

- **BE INVOLVED IN A LOCAL CHURCH!**
 - Awana, Youth Group, Youth Choir, Boy Scouts, Sunday School
 - We chose our house location after finding our church when we moved here

Create the culture you want

- **Manners: Behavior precedes attitude**
 - “Interrupt rule”
 - “David, please pass the salt.” (set a timer)
 - Swearing in our Boy Scout troop
 - “Rosie Moment” at the dinner table

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Purposely build character

- Discipline
- Kids must learn how to WORK!
- Strong-willed child?
- Adventure/independence

Discipline

- Air Force Academy: “Before you learn how to LEAD, you must first learn how to FOLLOW.”



Discipline

- Proverbs 19:18 (NLT):

“Discipline your children while there is hope. Otherwise, you will ruin their lives.”

Discipline

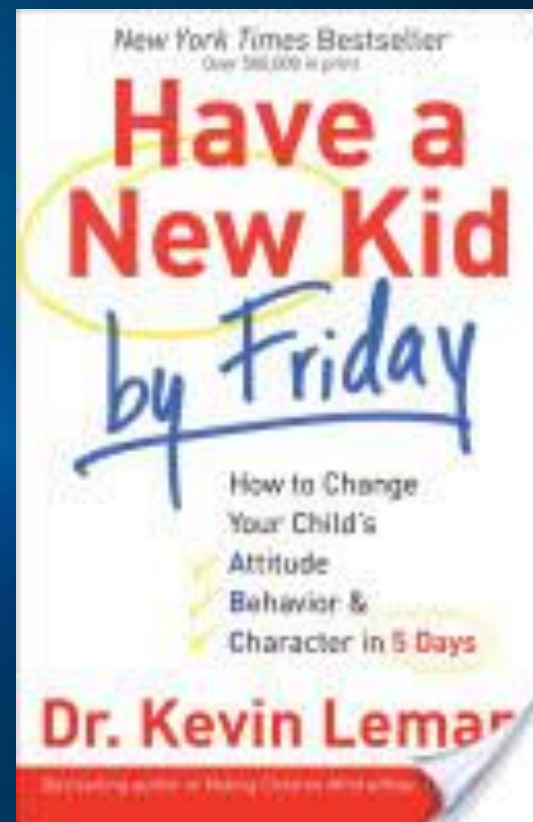
- Proverbs 19:18 (NLT):

“Discipline your children while there is hope. Otherwise, you will ruin their lives.”

- Discipline is NOT YELLING! (All kids deserve a peaceful home.)

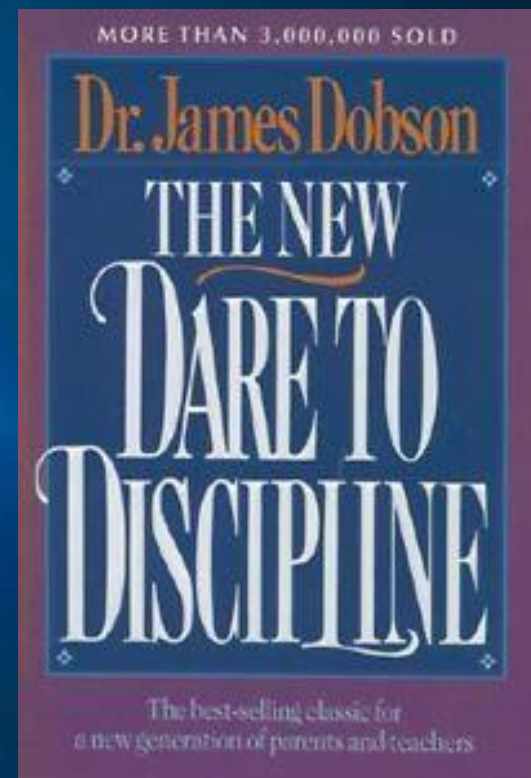
Discipline

- Proverbs 19:18 (NLT): Discipline your children while there is hope.
- Dr. Kevin Leman:
“Have a New Kid by Friday”



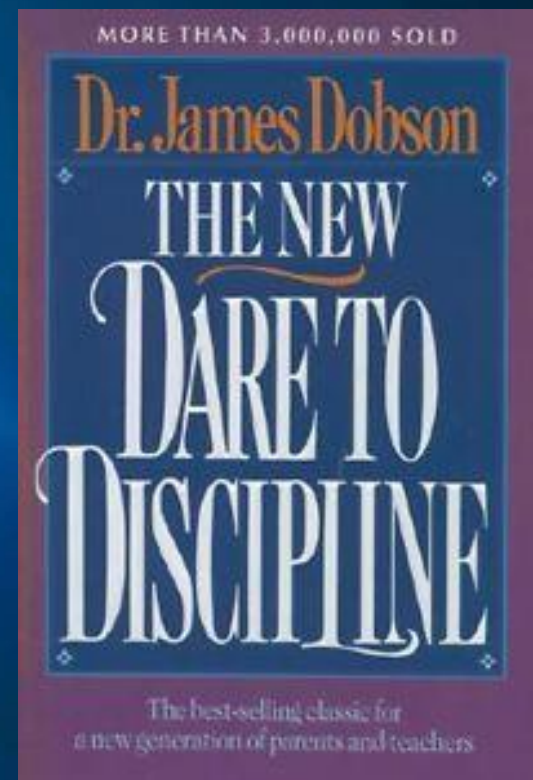
Discipline

- Proverbs 19:18 (NLT): Discipline your children while there is hope.
- Dr. Kevin Leman
- Dr. James Dobson



Discipline

- **Dobson on spanking:**
 - Only from 1.5 – 5 years old
 - Must be consistent and predictable, reacting to a deliberate act of disobedience
 - Always in private
 - Always talk and pray first
 - Always hug afterward – it can be a beautiful restoration

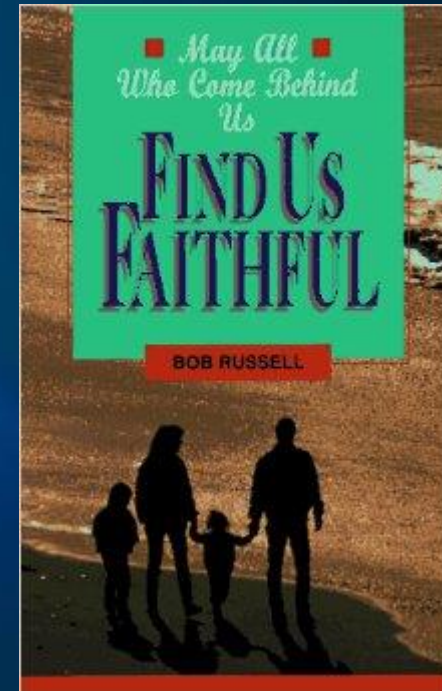


Purposely build character

- Discipline
- Kids must learn how to WORK!
- Strong-willed child?
- Adventure/independence

Learning how to WORK

- “Find Us Faithful” – Sunday School class taught by Dennis Wolf
 - One of the biggest problems (unique to our era) is that there is not enough work to do!
 - One solution proposed by this book...



Learning how to WORK

- But first, let me ask:
 - Do you think that good health is a gift from God?
 - Would you like MORE of this gift?
 - Do you think that financial success is a gift from God?
 - Would you like MORE of this gift?
 - Do you think CHILDREN are a gift from God?
 - Would you like MORE of this gift?
 - Simple: HAVE MORE KIDS!

Learning how to WORK

- Wake-up call: Ben at Nick Wallace's



Learning how to WORK

- Wake-up call: Ben at Nick Wallace's
- Chores: clean bathrooms, vacuum, trash, dinner table, kitchen
- Need to develop the HABIT and DESIRE to work! (Jasper unloading dishwasher at Thanksgiving)
- Kids cleaning up the table in 6-7 minutes
- Sometimes my biggest job is restraining Beth

Learning how to WORK



Learning how to WORK

- Pay market rates for big jobs like mowing the lawn (no riding mower or snowblower)
- The money must MEAN something!
 - Younger kids: gifts for birthday parties
 - Older kids: cell phones
 - Even older: CARS!
 - School trips

Learning how to WORK

- They need to learn how to handle the money they earn:

- Age 3: Larry Burkett's "Giving Bank":

- Saving
- Spending
- Giving



Learning how to WORK

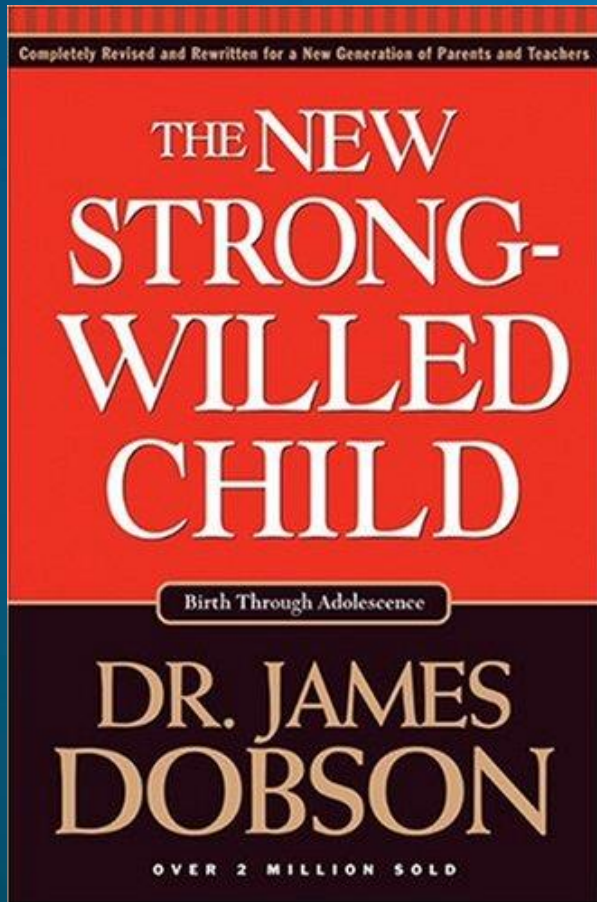
- They need to learn how to handle the money they earn:
 - Age 3: Larry Burkett's "Giving Bank"
 - Age 8: Real checking account
 - Age 12: Debit card (YIKES!)

Purposely build character

- Discipline
- Kids must learn how to WORK!
- Strong-willed child?
- Adventure/independence

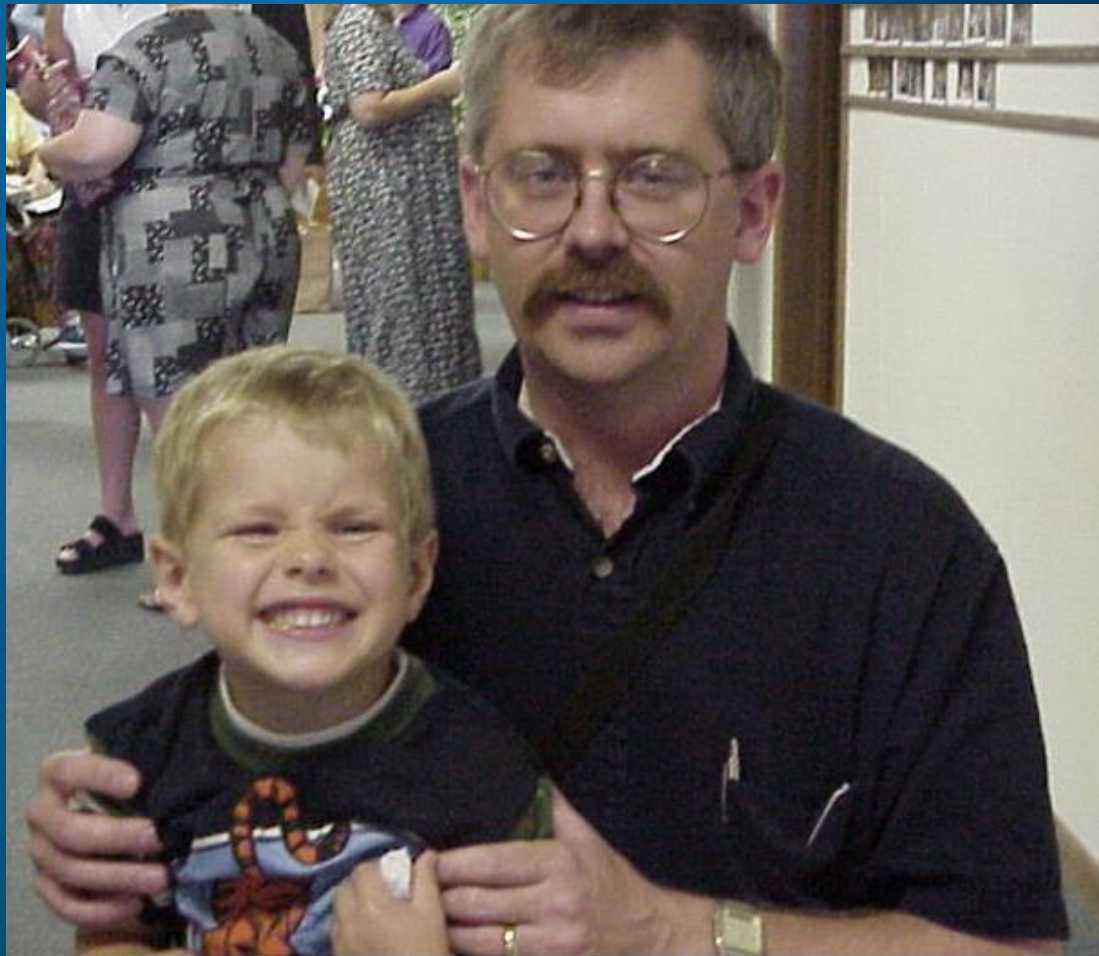
Strong-willed child

● Emily (Haley) Mason



Strong-willed child

- David Arneberg (“spunky monkey”)



12/2015

Purposely build character

- Discipline
- Kids must learn how to WORK!
- Strong-willed child?
- Adventure/danger/independence
(important for older boys)

Adventure/Independence



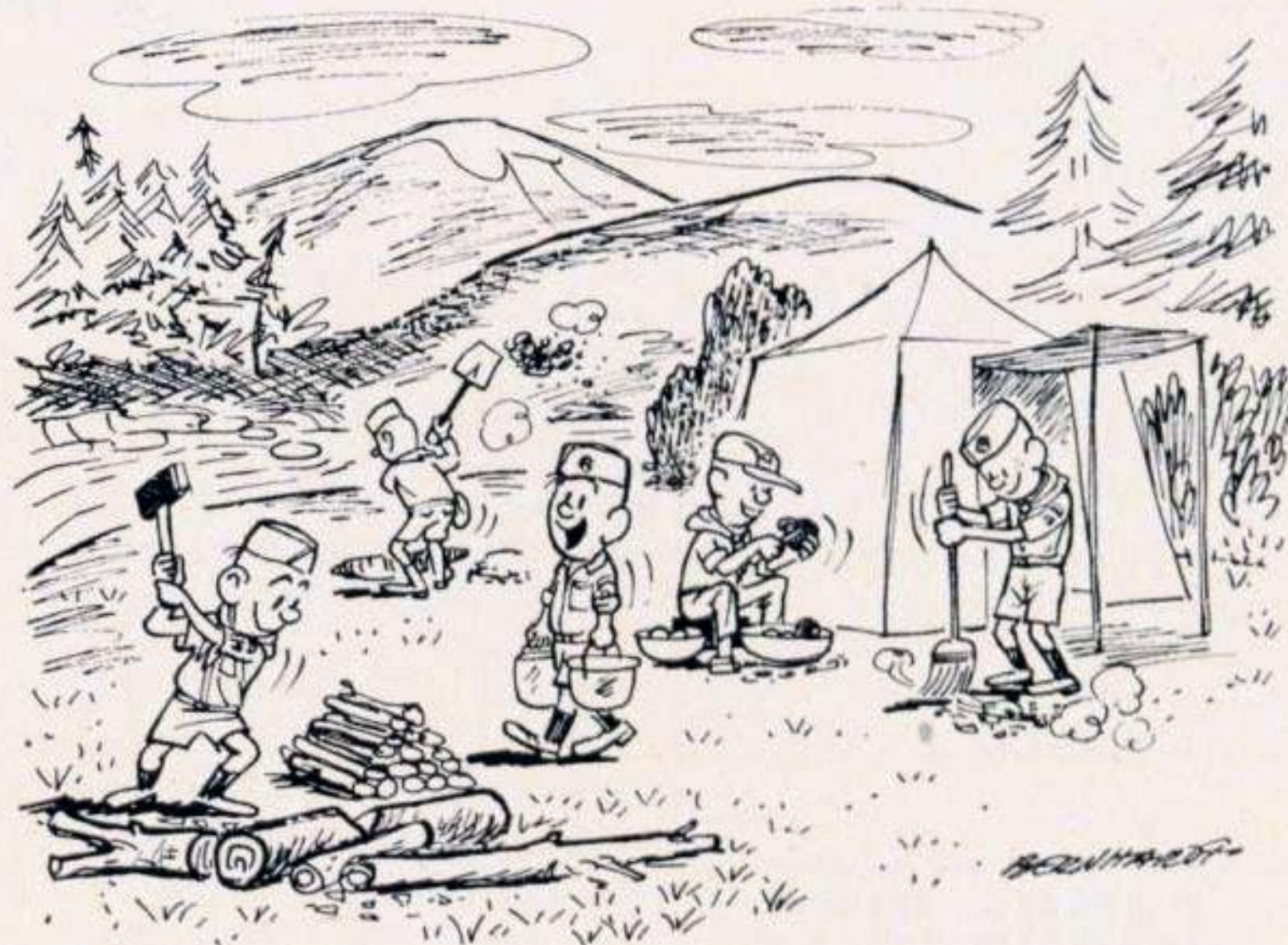
'I warned you that someday your past would catch up with you.'

**(2-minute video: Using
adventure and danger in
training a modern-day
knight)**

Adventure/Independence

- **Boy Scouts of America**

- **Adventure: camping, biking, canoeing, backpacking, traveling**
- **Patrol Leader/Senior Patrol Leader**
- **Ranks:**
 - “Modern Day Knight”: Page boy -> Squire -> Knight
 - BSA: Tenderfoot -> 2nd class -> 1st -> Star -> Life -> Eagle
 - Royal Rangers, Christian Service Brigade



"If we were home, we'd have to be helping with housework, working in the yard, and stuff, eh, Jim?"

Adventure/Independence

- Boy Scouts – big milestones:
 - “Wilderness Survival” Merit badge
 - Order of the Arrow “Ordeal”
 - “Zero Hero”
 - N. Tier/
Philmont/
Rayado



Purposely build character

● Blue Angels pilot: "What was my biggest accomplishment in life?"

Chippewa Valley Air Show 6/4/2010

Lt. Frank Weissner
Blue Angels
Pilot

Ben Arneberg
Wings of Blue
Parachuter



Opinion

THE CHIPPEWA HERALD • WWW.CHIPPEWA.COM

Blue Angels, Scouts, persevere through lousy weather

A Navy pilot sings the praises of Boy Scouts.

By TOM ARNEBERG
Community Columnist

What a great weekend! The weather wasn't the best, but there was plenty of adventure at the Chippewa Valley Air Show. I got to hear one of the Blue Angels pilots speak at a campfire Saturday night at the airport. Lt. Frank Weissner recounted his high school days in Atlanta, where he lettered in football and track, and about the process of applying for admission into the U.S. Naval Academy, one of the most selective schools in the country. He talked about making it through a rigorous four years at Annapolis, then getting into flight school after facing some fierce competition for that next step. He talked about the 34 combat missions he flew in "Operation Iraqi Freedom." Yes, he was one of the few in flight school to become a fighter pilot. Then in September 2007, he reached the pinnacle of his career (so far), being selected to fly with the Blue Angels, the most elite group of pilots in the world. After telling the assembled



Arneberg

masses at the campfire about his rise through the military ranks, he added an interesting comment: "Twenty years from now, if someone asks me what my biggest accomplishment is," he said, "it is unquestionably... my Eagle Scout rank. Unquestionably." That certainly brought a cheer from the guys around the campfire, for they were themselves all Boy Scouts and adult leaders. Lt. Weissner went on to describe how Scouting prepared him for life after high school. "It's all about goal-setting," he explained. "In Scouting, you learn to set goals for the next badge, then the next rank, and you learn that any big accomplishment can be broken down into smaller pieces that you can do."

He cited examples of his Scouting experiences, from the fear of his first campout to his reign as Senior Patrol Leader in charge of the entire troop. "Sports are great," he continued, "but there are leadership lessons you learn in Boy Scouts that you

To look at hundreds of photographs of the Air Show Camporee, go to www.troop72.com.

just can't get anywhere else." As a Scoutmaster, that was music to my ears. It's one thing for the boys in my troop to hear this kind of talk from a 48-year-old desk-sitter, but to get that advice from a Blue Angels fighter pilot was priceless. I also enjoyed his opening line. If you were at the air show Saturday, you remember how disappointed you were that, due to the low clouds, not a single plane took off that day. It was worse for us Scouts and Scouters, since almost a thousand of us were camping out all weekend just north of the runway. Lt. Weissner opened our campfire by asking who was cold, wet, and miserable. (Most of the boys fit that category.) Then he said something that I hope will sink in over time: "You boys have GROWN more this weekend by facing adverse conditions than your friends who are home watching TV will grow in a year."

He's right — even apart from the leadership and goal-setting

lessons of Boy Scouts, the simple act of enduring hardship can be a great character-builder. Fortunately, the clouds lifted enough Sunday to allow the Blue Angels to get into the air. Their show was spectacular! They did have to move up their show starting time from 3 p.m. to 1 p.m. to avoid the new wave of incoming rain. Sure enough, the rain hit later Sunday, and it hit hard. Still, the Boy Scouts persevered and cleaned up the grounds. By the time we caught the shuttle bus back to the campground, it was already dark. In our infinite wisdom, we had left our tents up so they could dry out Sunday morning when we caught the 7:15 a.m. shuttle to the airport. (It was a beautiful morning!) So we had to take down our wet tents by lantern light. As soon as we were done, we high-tailed it back to the hangar to stuff some pizzas into our starving bodies, having not eaten since our 11 a.m. lunch of hot dogs and chips. Sad to say, the only thing we found in the hangar was two tall stacks of empty pizza boxes. We did something we had never done before — ordered Domino's

"Twenty years from now, if someone asks me what my biggest accomplishment is, it is unquestionably... my Eagle Scout rank. Unquestionably."

Lt. Frank Weissner
Blue Angels pilot

pizzas delivered to our church to eat after we unloaded our troop trailer at 9:30 p.m. Hot pizza never tasted so good. We were still cold, soaked and exhausted, but we had the inner glow of persevering together. Not to mention some great memories of an air show that finally got off the ground, and a pilot that took the time to inspire us.

Tom Arneberg of Chippewa Falls is a community columnist for The Chippewa Herald. He can be reached at Tom@Arneberg.com.

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EXTRA CREDIT!



Conclusion

- If you prioritize fatherhood, you can raise kids that are an absolute JOY to be around! (40 days w/5 kids under 11!)



Conclusion

- If you prioritize fatherhood, you can raise kids that are an absolute JOY to be around! (40 days w/5 kids under 11!)
- Drove to all 48 states over the years with five kids
- Lots of big high-adventure trips
- So far, 4 out of 4 are independent by 20

Conclusion

- The hard thing is that “success” means they leave – but NO REGRETS
- “Children are a heritage from the Lord, offspring a reward from Him. Like arrows in the hands of a warrior are children born in one’s youth. Blessed is the man whose quiver is full of them.”

– Psalm 127:3

Conclusion

- The last thing you want is to REACH THE TOP of the LADDER of SUCCESS...only to find that it's leaning against the WRONG WALL!
- So make it a PRIORITY to clarify your GOALS, and then come up with your STRATEGY. Fatherhood is the most important job you will ever have.

“Raising Modern-Day Knights”

March 12, 2015

Tom Arneberg

Leading With Power